

THE



EXECUTIVE LEADERSHIP INTENSIVE



Dates

Sunday October 21 -
Tuesday October 23, 2012

Location

Colorado Mountains -
approximately 90 minutes from
Denver International Airport

Fees

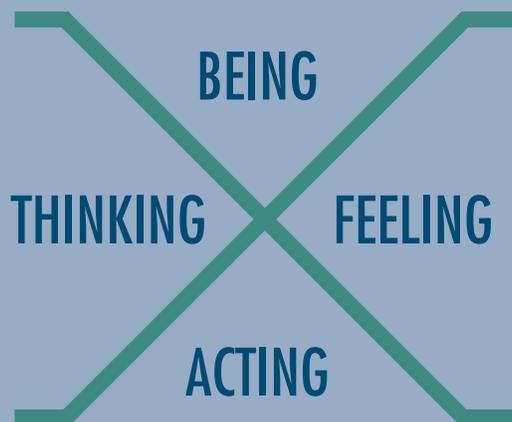
\$1,995 (excludes food,
lodging and transportation)

Apply

Send an email to
info@QuadCoach.com and
request an application

What is the Q7 Process

The Q7 Process is composed of 4 quadrants—thinking, acting, feeling and being; and 7 Steps to Fulfillment. The four quadrants facilitate each step in the process and are pivotal to increasing both your leadership effectiveness and happiness.



PREPARATION

1. Take a Fearless Inventory of Your Life
2. Create a Vision for Your Life
3. Remove the Barriers to Fulfillment

TRANSFORMATION

4. Burst Your Bubble
5. Build Your Court of Support

INTEGRATION

6. Create a Personal Practices Regime
7. Draw a Road Map for Your Future

Have You Ever Considered Your Leadership Success is a Stumbling Block Instead of a...Stepping Stone?

You live and lead in times of unprecedented change.

Globalization, the speed of technology and instant communication tools have increased the uncertainty, complexity, and diversity of leadership today. Daily, you walk the high wire of your success with increased stress, knowing decisions you make have significant consequences.

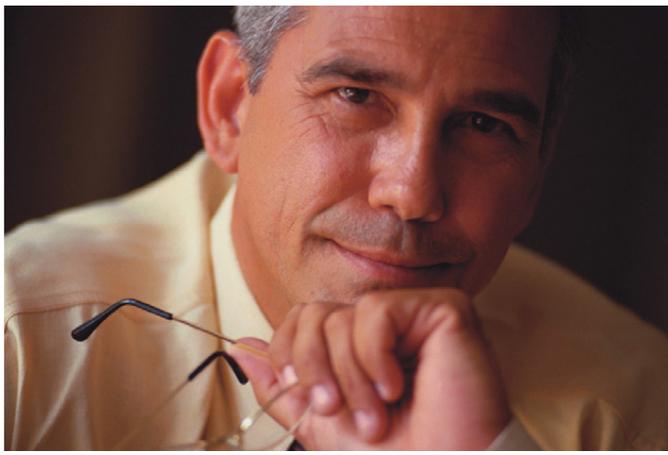
“The resulting clarity of the Q7 Process creates an opportunity for success and fulfillment at a new and higher plane than I ever thought possible.”

William Hughson, President, Healthcare Group, DeVry, Inc.

The **Q7 Leadership Intensive** is a 3-day program that helps leaders breakthrough the ruts and barriers keeping you stuck in old patterns of success. Based on the highly acclaimed Q7 Process, developed by Executive Coach Brian Gast, you'll learn how to unleash your potential and empower those around you.

The program focuses on transformation. Building on leadership skills you possess you'll discover how to create and lead a culture of breakthrough success, where people are connected to each other, aligned with purpose and inspired by their work.

You'll learn to lead from a place of ease, displaying confidence and creating clarity, while breaking your Bubble of habits and beliefs that limit possibility. The result is a fast and sustainable increase in your leadership impact and personal fulfillment.



“The Q7 Intensive is far and away the most insightful, fun and useful leadership program I have ever participated in. It’s incisive, experiential and incredibly enlightening. It should be mandatory for every leader.”

John S. Bank, Chairman and CEO,
Phoenix Electric Manufacturing Co.

How Does the Q7 Leadership Intensive Deliver Results?

The experiential nature of the Q7 Leadership Intensive provides a profound individualized learning experience. Blending best practices from coaching, training and personal growth work, leaders are invited to wrestle with questions like “Who am I as Leader?” and “Can I be successful and fulfilled?” Working in groups and individual settings, you will:

- Breakthrough your Bubble of self-limiting and distorted beliefs
- Begin to examine and understand the way your history and the societal pressures automatically affect your thinking, feelings and actions
- Collaborate with leaders from other companies, creating a natural environment for examining preconceived beliefs, biases and assumptions
- Receive remarkably candid feedback from peers and Q7 Coaches
- Gain insight into your most pressing professional and personal development needs and understand how to achieve desired outcomes
- Be removed from the rush and familiarity of daily routines, providing a sanctuary for increased personal reflection and experimentation

What You Will Learn

You will leave the Q7 Leadership Intensive recharged and refreshed with the tools and mindset to:

- Respond to complex business challenges in a way that generates powerful results
- Remove self-limiting roadblocks leading to improved decision-making
- Integrate your leadership with a whole-life view
- Learn the power of your heart as a guide to sustainable success
- Improve business and personal relationships
- Enhance your executive presence and communication skills
- Navigate personal and professional transitions with confidence

*And, most importantly, you’ll experience **unprecedented success** and fulfillment.*

Q7 Leadership Intensive Program Leaders

Who Should Participate?

The Q7 Leadership Intensive is for high-achieving business executives in senior positions at mid-sized companies, those who hold the responsibility equivalent of a Vice President, and people in C-suite positions at large, multi-national corporations.

After the Q7 Intensive

Unlike other programs that end when the program ends, participants of the Q7 Leadership Intensive will automatically be part of the Q7 Alumni group. Members will have access to a private forum to gain insight and support from other like-minded executives.

Brian Gast

Brian Gast is a trusted advisor to business leaders and Fortune 1000 companies. Gast's prior experience as an entrepreneur and CEO of three companies including one of the fastest growing publicly traded telecoms, make him an in-demand Executive Coach. Clients include Hoffman-La Roche, Ltd, Clear Channel Communications, Inc., Cisco Systems Inc., DeVry Inc., Covidien Inc., and Stryker Corporation.



Gast is the author of *The Business of Wanting More...Why Some Executives Move from Success to Fulfillment and Others Don't*. The book steps readers through the transformational Q7 Process Gast developed when he founded Quadrant Corp in 2001.

Gast is a certified trainer and retreat resource for the Young President's Organization. Utilizing the Q7 Process, he has worked with hundreds of company presidents to address personal and leadership challenges and small group-dynamics training. Holding an MBA from Drexel University, Gast is a member of the World Presidents' Organization.

Steven Morrow

Steven Morrow has coached executives in a wide variety of disciplines and locations; from Turkey to Germany to South Africa and beyond. His clients include Hewlett Packard, TiVo Inc. and FEBA Electronics.



Drawing on his 15+ years of corporate experience and coaching expertise, Morrow's clients experience transformational shifts that turn immovable situations into intriguing opportunities, leading to success. Skilled in the Q7 Process, Morrow's expertise in global organizations and teams, offers unique insight into today's complex leadership environments.