



Brian Gast

President, Quadrant Corp

Brian Gast is a former hotshot MBA and CEO who rode the high-stakes roller coaster of three fast-growth telecommunications companies. Sensing that something was missing despite his net worth of over \$50 million, Brian wondered, "If I'm so successful, why am I so unfulfilled and wanting more?" When he lost his fortune, business, property, stuff, and community status, he realized painfully that what makes you successful can be your undoing.

Since launching his executive coaching firm, Quadrant Corp., in 2001, Brian has become a highly sought-after executive coach and trusted advisor to business leaders of Fortune 1000 companies and mid-sized private companies as well as entrepreneurs. His clients have included Polycom Corporation, F. Hoffmann-La Roche, Ltd., Clear Channel Communications, Inc., Cisco Systems, Inc., DeVry Inc., The Walt Disney Company, Covidien, Inc., and Stryker Corporation.

In the process of transforming himself, Brian developed his innovative and life-altering Q7 Process. Brian tells his very personal story and outlines the details of the Q7 Process in his new book, *The Business of Wanting More: Why Some Executives Move from Success to Fulfillment...and Others Don't*. This unique approach of the Q7 Process combines inner work with outer realities, breaking the bubble of limiting beliefs and distorted views, which are barriers to success and happiness. Brian's clients have experienced an increase in leadership capacity and fulfillment, leading to playing fields bigger than they'd ever imagined.

Brian also works with teams to resolve conflict and create alignment. His Top Team Alignment Process helps team members develop trust, meaningful relationships, and the accountability needed to commit to powerful visions and generate superior results.

Brian has a BA in Business Management from Temple University, an MBA from Drexel University, has studied in Europe at Nyenrode Business Universiteit, is a member of World Presidents' Organization and lives in Littleton, Colorado.